

Physical events



full flow



medium flow



spotting



fertile mucus



non-fertile mucus



pain



good sleep



disturbed sleep



horrible sleep

Feelings



admin head



angry



anxious



bored



chatty



connected



content



creative



critical



curious



daft



depressed



disconnected



devilish



dreamy



energy rising



low energy



excited



grounded



fearful



focused



foggy



grateful



horrid



happy



hungry



intellectual



intuitive



new ideas



jittery



lost



loving



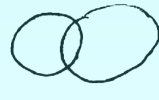
manic



mean



melancholic



merged



multitasking



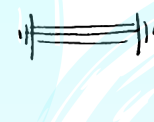
optimistic



overwhelmed



passionate



physically strong



productive



planning



sad



sensitive



sexy



shame



stressed



social



solitary



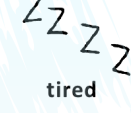
spacey



spiritual



snuggly



tired



strong



Wonder Woman



wordy



Zen



powerful



no clue