

St Mawes Sailing Club (StMSC)
SAILING INSTRUCTIONS 2026
FOR SATURDAY DINGHY RACING

1. RULES

- 1.1** Racing will be governed by:
The rules as defined in The Racing Rules of Sailing 2025-2028 (RRS). Changes to rules are described in the relevant sailing instruction.
- 1.2** In the event of a conflict between the Notice of Race and the Sailing Instructions then the Sailing Instructions shall take precedence. This changes RRS 63.5 (c).

2. NOTICES TO COMPETITORS

- 2.1** Notices to competitors will be posted at Stoneworks Quay and on the Club website.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1** Written changes to these Sailing Instructions will be posted at Stoneworks Quay and on the Club website not later than 1000 on the day before the change comes into effect.

4. SIGNALS MADE ASHORE

- 4.1** Signals made ashore may be displayed at Stoneworks Quay.

5. SAFETY

- 5.1** All competitors must wear personal floatation devices at all times while afloat.

6. SCHEDULE OF RACES

- 6.1** The schedule of races is listed in the Notice of Race.
- 6.2** The race committee reserves the right to alter the racing programme in the event of any races being abandoned or postponed. Notice of any postponed races will be posted at Stoneworks Quay and on the Club website.

7. CLASSES

- 7.1** Classes for each series will be determined before the first race of each series, and will be posted on the noticeboard at Stoneworks Quay.

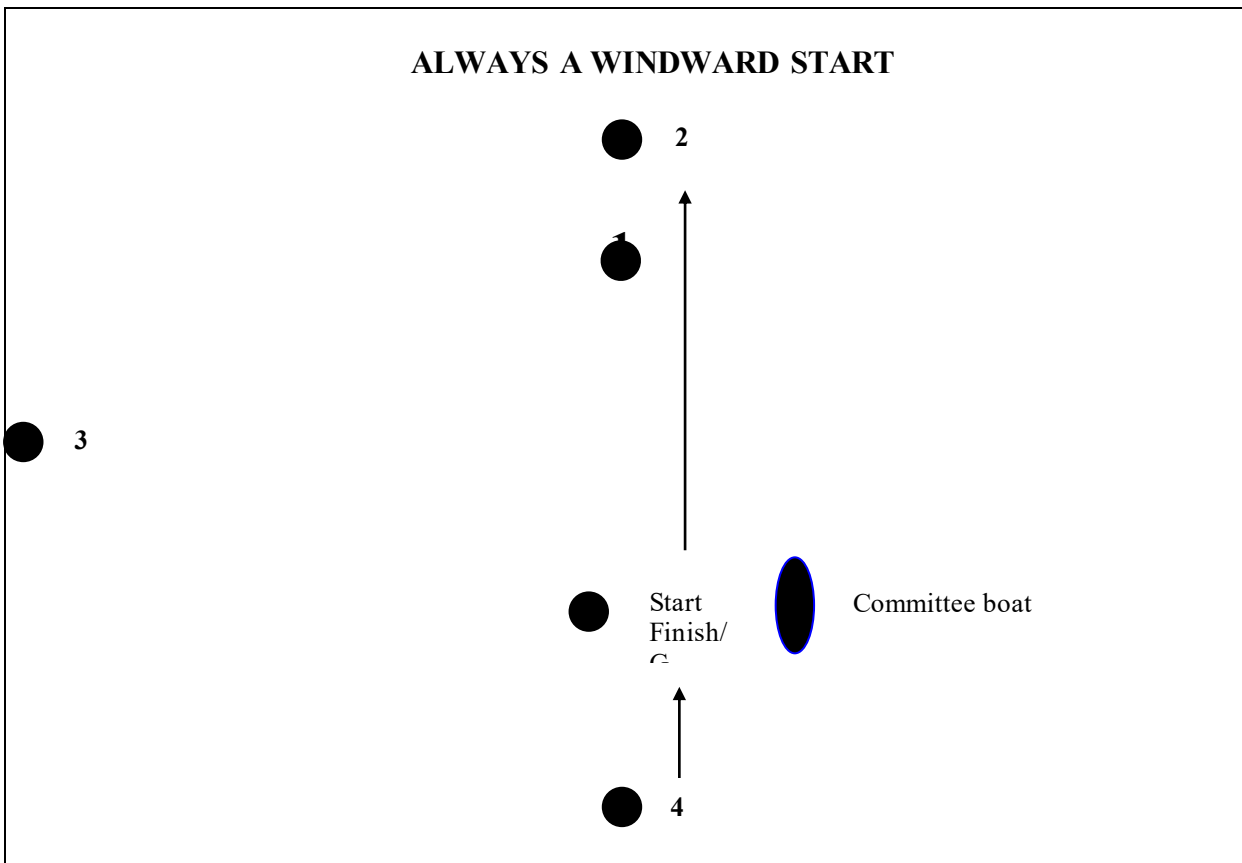
8. LOCAL VARIATIONS AND OBSTRUCTIONS

- 8.1** Moving exclusion zones around commercial and naval shipping are designated as obstructions.
- 8.2** Commercial and naval shipping: Areas around commercial and naval vessels under way and constricted in their ability to manoeuvre are designated as moving exclusion zones. Such exclusion zones extend to 100m on all sides of the vessel and around tugs, pilot/harbour authority boats and official boats escorting the vessel. A boat shall not enter the exclusion zone, and, if becalmed, shall use any method of propulsion to move out of the way. This shall only be sufficient to move out of the exclusion zone by the safest possible route and shall not offer the boat significant advantage in the race.

- 8.3 Any boat touching a moored vessel must retire or protest another boat that compelled her to touch the moored boat.
- 8.4 Exclusion zones extend 25m around a dive vessel displaying code flag A, an inflatable orange buoy marking a diver just under the surface, and a diver on the surface. A boat shall not enter the 25m zone.
- 8.5 St. Mawes Inner Harbour. No boat shall enter or manoeuvre in St. Mawes Inner Harbour during the period commencing 30 minutes before the first preparatory signal and ending 30 minutes after the time limit has expired. A continuous straight line between the southern side of the pier head to the south-eastern corner of the Idle Rocks Hotel is classed as a continuous obstruction.
- 8.6 Any boat that fails to comply with these Local Variations and Obstructions may be disqualified by the Race Officer without a hearing. This will not be grounds for a protest.

9. THE COURSES AND MARKS

- 9.1 The course to be sailed, the number of rounds and the marks to be used will be displayed on a board on the side of the committee boat.
- 9.2 The configurations of the courses will be as follows:



9.3 The course options will be as follows:

| | | |
|----------|---------------------------------------|-------------------------------------------------------|
| Course A | Small Triangles only | Start, marks 1, 3, 4, finish |
| Course B | Large Triangles only | Start, marks 2, 3, 4, finish |
| Course C | 'Sausages' only | Start, marks 2, 4, finish |
| Course D | Triangles alternating with 'Sausages' | Start, marks 2, 3, 4, line, 2, 4, finish (= 2 rounds) |

9.4 All marks are to be left to port

9.5 In Multiple Lap Courses, all boats shall sail through the start/finish line going upwind but shall not do so downwind.

9.6 The marks to be used will be as follows:

| | |
|--------|------------------------------------------------------------|
| Flag T | Turning mark on the Club's normal start/finish line |
| Flag D | Outer distance mark on the Club's normal start/finish line |
| SB1 | speed limit buoy (see note below) |
| SB2 | speed limit buoy (see note below) |
| SB3 | speed limit buoy (see note below) |
| SB4 | speed limit buoy (see note below) |
| YP | Specially-laid yellow pillar buoy |
| YPB | Specially-laid yellow pillar buoy with black stripe |
| SM | St Mawes south cardinal buoy (Lugo) |
| CN | Carricknath buoy – yellow sphere |
| CA | Castle buoy – green starboard navigation mark |

9.7 Speed limit buoys - In the entrance to St Mawes Bay there are four speed limit buoys, each of which is marked **8 KNOTS**. For the purposes of racing at StMSC they will be designated as follows (from the most north-western to the most south-eastern): SB1, SB2, SB3 and SB4 (although they are not marked as such).

10. THE START

10.1 A Warning Signal will be made 3 minutes before each class start, followed by a Preparatory Signal at 2 minutes before each class start. Timings should be taken from sound signals and not visual signals. This changes RRS 26.

10.2 Boats whose Preparatory Signals have not been made are reminded of their obligation under RRS 23.1 not to interfere with boats that are racing.

10.3 The Starting Line is an imaginary line through the flagstaff on the committee boat displaying an orange flag and the distance mark which will be a yellow dan buoy with an orange flag.

10.4 When at a boat's starting signal, any part of her hull is on the course side of the starting line she must return to the pre-start side of the line by sailing round the ends of the line. Flag I will not be displayed,. This changed RRS 30.1.

10.5 In the event of a General Recall, the affected class will start 3 minutes after the last Class has started.

10.6 The committee boat will normally be positioned either in St Mawes outer harbour or in the Percuil River depending on wind and tide and other events. Unless there is major wind shift the

position of the committee boat will not be changed during each afternoon's racing, but the marks may be moved or changed. When on station it will be displaying an Orange Flag

11. THE FINISH

11.1 This is the same as the starting line, boats crossing in the same direction.

11.2 A course may be shortened at the Committee boat or by another official boat at any mark of the course displaying flag S, with the appropriate class flag displayed – no class flag displayed indicates all classes shortened

14. TIME LIMITS

14.1 The time limit for each class will be 10 minutes per race after the leading boat in that class has finished.

15. PROTESTS AND REQUESTS FOR REDRESS

15.1 Procedure. Protest forms are available at Stoneworks Quay where protests or requests for redress should be lodged within one hour after the time of the last boat's finish. An arbitration service will also be available.