



ST MAWES SAILING CLUB

St Mawes to Salcombe, Friday 24th to Saturday 25th April 2026

Organising Authority: St Mawes Sailing Club

1 The Quay, St Mawes TR2 5DG

www.stmawessailing.co.uk email: office@stmawessailing.co.uk

SAILING INSTRUCTIONS

Abbreviations: [DP] – Rules for which the penalties are at the discretion of the protest committee.
 [NP] - means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1. RULES

- 1.1 The race will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2025-28.
- 1.2 Boats shall comply with Offshore Sailing Regulations (OSR) 2026-27 Cat 3. In addition, boats are to carry a life raft rated to carry the boat's full crew. (Note: OSR Cat 3 requires an AIS transponder and RRS 56.3 requires it to be working at all times.)
- 1.3 RRS Part 2 shall not apply between the hours of local sunset and sunrise and shall be replaced by the International Rules for the Prevention of Collisions at Sea (IRPCAS).
- 1.4 The following rules are changed:

Rule change	Relevant SI Section
RRS 21.1	12.7
RRS 26	5.3, 12.1
RRS 27	5.3, 12.3
RRS 28.1	12.8
RRS 29	5.3, 12.3, 12.7
RRS 30	12.7
RRS 32	9.3
RRS 34	10.2
RRS 35	16.2
RRS 37	19.3
RRS 44	15.1, 12.7
RRS 42	11.4
RRS 44.2	12.6
RRS 61.1 a	2.2, 3.5, 9.3, 12.2, 12.4
RRS 63.1	11.1
A5.1	12.8, 16.2
A5.2	12.8, 16.2

- 1.5 IRC Rules parts A, B and C apply. Part D will not apply.
- 1.6 IRC rule 15.2(d) is changed to allow the use of autopilots and automatic steering devices.
- 1.7 IRC rule 22.4 is changed to remove the restriction on crew numbers and weight.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Changes to the sailing instructions will be posted before 10:00 on the day of the race. They will be posted online on the official COGS noticeboard - www.cogsracing.org.uk and the SMYC website www.stmawessailingclub.co.uk - however on the day of the race any changes will be made via the COGS WhatsApp Group.
- 2.2 The race committee may also broadcast verbal instructions on marine VHF radio channel M2 and they may also be included on the COGS WhatsApp Group messaging. Failure to receive a broadcast will not be grounds for redress. This changes RRS 61.1(a).

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 No notices to competitors will be posted after 10:00 on the day of the race.
- 3.2 Notices to competitors will be posted:
 - a) on the official COGS notice board located online at www.cogsracing.org.uk.
 - b) online at the SMSC website - www.stmawessailing.co.uk.
- 3.3 Notices may be repeated on the COGS WhatsApp Group. In addition general information which does not form part of the SIs will be posted on the COGS WhatsApp Group at any time.
- 3.4 On the water, the race committee intends to monitor and communicate with competitors on VHF channel M2. Notices will be repeated on the COGS WhatsApp group.
- 3.5 Failure to hear a broadcast will not be grounds for redress. This changes RRS 61.1(a).
- 3.6 [DP] Whilst racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Pre-start abandonment signals made ashore will be displayed on the SMSC signals mast.
- 5.2 IC flag "L" displayed over flag "Z" at the SMSC will indicate a change to the sailing instructions.
- 5.3 No visual signals, including starting signals, will be made. This changes RRS 26, 27 and 29.

6. SCHEDULE OF RACES

The schedule for the race is as follows. All times are British Standard Time (BST).

Friday 24 April		
18:20		Attention signal
18:25	IRC1 Class	Warning Signal
18:30	IRC1 Class	Starting Signal
	IRC2 Class	Warning Signal
18:35	IRC2 Class	Starting Signal

7. CLASS FLAGS

Boats shall display their class flag beneath IC flag "Z" on the backstay or mainsail leech as follows:

- a) IRC1 - IC numeral pennant "1"
- b) IRC2 - IC numeral pennant "2" or flag "E"

8. RACING AREA

The racing area will be the South Cornwall & Devon coast from Pendennis Point to Prawle Point.

9. COURSES

- 9.1 The courses are as shown in Addendum A and will be chosen according to wind speed and direction.
- 9.2 The courses will be announced on VHF channel M2 approximately 20 minutes before, and repeated at intervals prior to, the warning signals.
- 9.3 If the race is shortened or abandoned after the start the race committee will advise competitors using VHF channel M2 and the COGS WhatsApp Group. This changes RRS 32. Failure to receive this notification will not be grounds for redress. This changes RRS 61.1.

10. MARKS

- 10.1 The marks of the course are as shown in Addendum B.
- 10.2 If any mark is missing then a virtual mark shall be considered to exist at the position given in Addendum B. A virtual mark shall be treated as if it were a physical mark. Appendix WP applies (World Sailing/Docs/2025-28 App WP Rules for Waypoints Jan 2025). This changes RRS 34.
- 10.3 When data from electronic positioning systems are used to determine the position and track of a boat for the purpose of verifying compliance with the rules, precedence shall be given to data from the boat's primary navigation system.
- 10.4 Boats are strongly advised to make a photograph of a relevant navigation display to verify compliance with the rules

11. OBSTRUCTIONS

- 11.1 The Eddystone Lighthouse is surrounded by drying rocks and reefs. Any boat attempting an "inside passage" and thereby breaking RRS 28.2 will be automatically disqualified. This changes RRS 63.1.
- 11.2 [NP] Commercial shipping. Moving exclusion zones around commercial vessels constricted by their draft or size are designated obstructions. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and safety boats escorting the vessel. No competitor is at any time to enter the exclusion zone, and, if becalmed, is to use their engine or other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear. Competitors who unnecessarily interfere with shipping bring the sport into disrepute and shall be reported by the race committee under RRS 69 - Misconduct.
- 11.3 Diving activity. Exclusion zones extend 30m around a dive boat displaying international code flag "A", an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. No boat is at any time to enter the exclusion zone.

12. THE START

- 12.1 The start will be the St Mawes Sailing Club start line. This is a transit of the yellow pole on the Clubhouse and the yellow pole on the St Mawes Quay. Boats must pass seaward between an inner distance mark and an outer distance mark. NOTE - there is a St Mawes turning mark (IC flag "T") located equidistant between the IDM and ODM, but forms no part of the start line.
- 12.2 Starting signals, including a countdown, will be made by the race committee on VHF ch M2. Failure to receive this broadcast will not be grounds for redress. This changes RRS 61.1(a)
- 12.3 No visual individual or general recall, postponement or abandonment signals will be displayed. This changes RRS 27, 29.

- 12.4 Any boats OCS (on course side) at their starting signal will be broadcast by the race committee on VHF channel M2 if they can be identified. Failure to announce sail numbers and failure of boats to receive this broadcast will not be grounds for redress. This changes RRS 61.1 (a).
- 12.5 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes.
- 12.6 For the purposes of the definition of "Start" and "Finish" the term "hull" is to include a boat's bowsprit in its normal position. This changes RRS 21.1, 29.1, 30 and 44.2.
- 12.7 A boat that does not start within 20 minutes after her starting signal will be scored DNS (did not start). This changes RRS 28.1, A5.1 and A5.2.

13. CHANGE OF THE NEXT LEG OF THE COURSE – not used.

14. THE FINISH

- 14.1 The finish line will be off the entrance to Salcombe Harbour when Gammon buoy is on a bearing of 000M degrees. The finish line will extend 50 metres from the buoy and must be crossed in an easterly direction. Gammon yellow buoy is not expected to be laid and this will be a virtual mark. See 10.2 and Addendums B and C.
- 14.2 Boats shall record their finishing time using British Standard Time (BST) and, if possible, the sail numbers or names of the boats next ahead and next behind respectively. This information shall be passed to the Race Results Officer, Anthony Nathan, as soon as possible on the COGS Chat WhatsApp Group and may also be sent via email to: anthony.nathan@btinternet.com or by telephone to: 07768446815.

15. PENALTY SYSTEM

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16. TIME LIMITS

- 16.1 The time limit for both classes is 15:00 BST on Saturday April 25th.
- 16.2 Boats finishing later than the time limit will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.
- 16.3 The time limit for submission of finishing times to the Race Results Officer is 15:30 BST.

17. HEARING REQUESTS

- 17.1 For both classes, the protest time limit is 60 minutes after the last boat has finished or after the race time limit, whichever is earlier.
- 17.2 Details shall be lodged in writing with the COGS Race Results Officer who will pass them on to the race committee at SMSC.
- 17.3 Hearings will take place at the SMSC as soon as practicable after boats return to the UK. Parties will be informed of the schedule of hearings by email.

18. SCORING

- 18.1 The race will be scored in accordance with COGS NOR para 7.
- 18.2 RRS Rule A5.3 will apply.

19. SAFETY REGULATIONS

- 19.1 Crew Lists:
 - a) A boat's crew list shall be sent to the Race Officer, Ian Reid email: rcs@stmawessailing.co.uk, mob: 07768 660941, no later than 30 mins before the first scheduled warning signal. Forms can be downloaded from the COGS website.
 - b) All boats shall report their name, sail number and number of persons on board via VHF Ch. M2 to the Race Officer no later than 10 minutes before the first scheduled warning signal. Radio silence shall be kept after this time except if called by the race committee or in an emergency.

- 19.2 Retirement: A boat that retires from the race or is unable to cross the finish line before the time limit shall communicate as follows:
- a) Race Officer - VHF Ch. M2, email: rcs@stmawessailing.co.uk, mob: 07768 660941 and
 - b) on the COGSChat WhatsApp group.
- 19.3 RRS 37 will not apply.

20. REPLACEMENT OF CREW OR EQUIPMENT – not used

21. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time by the Organising Authority for compliance with the Class Rules, NOR and Sis.

22. SUPPLIED BOATS – not used.

23. OFFICIAL VESSELS – not used.

24. [DP] SUPPORT TEAMS – not used.

25. TRASH DISPOSAL - not used.

26. BERTHING – not used.

27. HAUL-OUT RESTRICTIONS – not used.

28. DIVING EQUIPMENT AND PLASTIC POOLS – not used.

29. PRIZES

- 29.1 Prizes will be given as listed in the COGS 2026 NOR para 8.
- 29.2 The prize-giving on Saturday 25th April will be held at the Salcombe Yacht Club as soon as possible after all boats have finished or the time limit has expired. The time will be announced on the COGS WhatsApp group.

30. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend a safety briefing held for the event.

- (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather, that there is a crew sufficient in number, experience and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

31. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

Addendum A - Courses & Approx Distances

COURSE 1 - 78 NM	LEAVE TO
START	
MANACLE ECM	Port
DODMAN B	Stbd
UN-NAMED YELLOW BUOY	Stbd
E1 AIS BUOY	Port
EDDYSTONE LIGHTHOUSE	Port
HAND DEEPS WCM	Stbd
L4 YELLOW BUOY	Port
DRAYSTONE	Stbd
GAMMON	Finish

COURSE 3 - 57 NM	LEAVE TO
START	
MANACLE ECM	Port
EDDYSTONE LIGHTHOUSE	Port
GAMMON	Finish

COURSE 4 - 57NM	LEAVE TO
START	
MANACLE ECM	Port
UN-NAMED YELLOW BUOY	Stbd
E1 AIS BUOY	Port
GAMMON	Finish

COURSE 2 - 69 NM	LEAVE TO
START	
MANACLE ECM	Port
UN-NAMED YELLOW BUOY	Port
EDDYSTONE LIGHTHOUSE	Port
HAND DEEPS WCM	Stbd
L4 YELLOW BUOY	Port
DRAYSTONE	Stbd
GAMMON	Finish

COURSE 5 - 57NM	LEAVE TO
START	
MANACLE ECM	Port
HAND DEEPS WCM	Stbd
GAMMON	Finish

COURSE 6
Race Officer's choice

Addendum B - Marks

	Characteristics	Latitude	Longitude
MANACLE ECM	BYB Q(3) W 10s Bell	50° 02'.81N	05° 01'.91W
DODMAN B	Y FL Y 5s	50° 10'.30N	04° 45'.00W
UN-NAMED YELLOW BUOY	Y FL Y 10s	50° 06'.89N	04° 30'.56W
E1 AIS BUOY	Y FL(5) Y 20s AIS	50° 02'.63N	04° 22'.39W
EDDYSTONE LIGHTHOUSE	FL(2) 10s	50° 10'.84N	04° 15'.94W
HAND DEEPS WCM	YBY Q(9) 15s	50° 12'.68N	04° 21'.10W
L4 AIS BUOY	Y FL(5) Y 20s AIS	50° 15'.26N	04° 12'.86W
DRAYSTONE RED BUOY	R	50° 18'.84N	04° 11'.08W
GAMMON YELLOW BUOY	Y	50° 12'.06N	03° 45'.58'W

Note: Gammon yellow buoy is not expected to be laid. This will be a virtual mark. See 10.2.

Addendum C - The finish

