



**ORGANISING AUTHORITY ST MAWES SAILING
CLUB**

SAILING INSTRUCTIONS

**FALMOUTH WORKING
BOAT CHAMPIONSHIPS**

CLASSES B & C

St Mawes 3rd/4th/5th JULY 2026

1. RULES

1.1 The Championship will be governed by the rules as defined in *The Racing Rules of Sailing* {RRS}. 2025-2028.

Changes to racing rules are described in the relevant sailing instruction.

1.2 Racing rules and definitions are change as follows:

a) RRS Part 5 - see SI 17.1

b) RRS 44.1 - see SI 15

c) RRS 35 - see SI 16

d) RRS 40 - see SI 19

1.3 In the event of conflict between the notice of race and these sailing instructions then the sailing instructions shall prevail.

2. CHANGES TO SAILING INSTRUCTIONS

2.1 Any change to the sailing instructions will be posted before 08.30 on the day it will take effect, except that any change to the schedule of races will be posted by 20.00 on the day before it will take effect.

2.2 Changes to a sailing instruction may be announced on the water by VHF CH 77. Failure to receive this information shall not be grounds for redress.

3. COMMUNICATION WITH COMPETITORS

3.1 Notices to competitors will be posted on the official event notice board located in the bar area of St.MSC.

3.2 The race committee may use WhatsApp to communicate informally with competitors.

3.3 On the water, the race committee will also use marine VHF channel 77 to communicate with boats. This will include general information and a start sequence narrative. Failure to receive this information shall not be grounds for redress.

3.4 Except in an emergency, from the first warning signal until the end of the last race each day, a boat shall not make voice or data transmissions and shall not receive voice data communications that is not available to all boats, unless using equipment provided by the OA.

4. CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the St Mawes Sailing Club Signals Mast.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with not less than 90 minutes in RRS Race Signals AP. This changes RRS Race Signals AP. Race Signal AP over H displayed ashore means that boats shall not leave the harbour. Wait for further instructions. This adds to RRS Race Signal AP over H.

6. SCHEDULE OF RACING

- 6.1 Two races will be sailed on Friday and Saturday and one race on Sunday.
- 6.2 Warning signal on Friday and Saturday will be 10.55 and 15.00 for B Class and 11.00 and 15.05 for C Class; and on Sunday will be 10.55 for B Class and 11.00 for C Class.
- 6.3 In the event that a race being abandoned or postponed for B or C one additional race may be scheduled on Sunday, but no warning signal will be made after 14.00.
- 6.4 To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is displayed.

7. CLASS FLAGS

The class flags displayed at the warning signals will be IC Flag B and Flag C.

8. RACING AREA

Racing will take place in the Fal Estuary.

9. COURSES {Appendix 1}

The configuration of courses, the order the marks are to be passed and the number of rounds to be sailed are set out in Appendix 1. of these sailing instructions.

10. MARKS (See Appendix 2).

- 10.1 Two International Code flags, one under the other, will be displayed at the Warning Signal to indicate the course selected from the marks listed in Appendix 2.
The upper flag will indicate Mark1 and the lower Mark 2.
Mark 3 will always be an Orange Inflatable buoy.
- 10.2 When a **Red** flag is displayed all **Marks** are taken to **Port**, if a **Green** flag is displayed all **Marks** are taken to **Starboard**.
- 10.3 A spreader marks **May** be laid at the windward mark and the leeward mark. The spreader mark at the windward mark is only a mark of the course when sailing from Mark 1 to Mark 3.

10.4 When flag **U** is displayed on its own, all marks will be yellow cylindrical inflatable buoys except the leeward mark which is orange.

10.5 **APPENDIX 2**

| IC Flag | Mark | IC Flag | Mark |
|---|----------------------------------|----------|--------------------------------|
| A | Pennarrow / MYH | L | West Narrows |
| B | Black Rock Buoy | O | Waterloo Mylor Chandlery |
| D | Pendennis / Super Yacht Services | Q | Sunbeam MYC |
| E | S. Narrows /Take a Turn Yachting | R | Northbank |
| F | Castle | T | Trefusis Penrose Sailmakers |
| G | Governor | U | Yellow/Orange inflatable Buoys |
| J | St Just | V | Vilt |
| K | Carricknath / SKB | W | Water Tower Ancasta |
| St Mawes Cardinal Buoy (Lugo) must be passed on its safe navigational side at all times. | | | |

11. OBSTRUCTIONS

11.1 Commercial and Military shipping

Commercial and military shipping under way and constricted in their ability to manoeuvre or constrained by their draft are designated as moving exclusion zones. The exclusion zones extends to 100m on all sides of the vessel and includes tugs, pilot boats and harbour Authority patrol boats. No boat shall enter the exclusion zone, and if becalmed shall use paddles or other means of propulsion to moveout of the way. This should only be sufficient to move out of the exclusion zone by the shortest distance. This changes RRS 42.

11.2 Diving Activity. Exclusion zones extend 30m around a dive boat displaying international code flag A, an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. No boat shall enter the exclusion zone.

11.3 St.Mawes South Cardinal mark shall be passed on the seaward side while racing.

12. THE START

12.1

| | | |
|----------------------------|-------------|------------------------|
| Warning Signal | 1 Horn | 5 minutes before Start |
| Preparatory Signal | 1 Horn | 4 minute before Start |
| Preparatory Signal Removed | 1 Long Horn | 1 minute before Start |
| Warning Signal Removed | 1 Horn | Start |

- 12.2 **The Start Line** will be between a staff displaying an orange flag on the signals vessel at the starboard end, and the course side of the mark at the port end.
- 12.3 A inner distant buoy may be laid. This buoy is a yellow pillar buoy near the committee boat laid behind or on the start line of the course and shall be passed on its correct side.
- 12.4 A boat starting later than 4 minutes after the starting time will be scored DNS without a hearing.
- 12.5 All race communication will be on VHF Channel 77.

13. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practical. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14. THE FINISH

- 14.1 The Finish line will be between a staff displaying an orange flag on the signals vessel at the starboard end and the course side of the yellow flagstaff on the St. Mawes Quay.
- 14.2 When flag 'F' is displayed, with two sound signals near a mark by a race committee boat, boats will round this mark and sail directly to the Finish Line.
- 14.3 When Flag "S" is displayed, with two sound signals at a mark by a race committee boat, boats will finish at that mark.

15. PENALTY SYSTEM

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16. TIME LIMITS

The time limit for the first boat in each class will be 2.5 hours. Boats failing to finish within 30 mins after the first boat sails the course and finishes, will be scored Time Limit Expired without a hearing. This changes RRS 35.

17. HEARING REQUESTS

- 17.1 Any protest should follow the RRS Part 5 Section A requirements.
- 17.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals, no more racing today, whichever is later.
- 17.3 Arbitration is available if required.

- 17.4 Protests in relation to races on Friday and Saturday will be heard at St Mawes Sailing Club on Saturday 4th of July at the time posted. On the last scheduled day of racing, protests will be heard as soon as possible after the time limit.
- 17.5 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at StMSC beginning at the time posted.
- 17.6 Notices of protests by the race committee or protest committee will be posted to inform boats involved.

18. **SCORING**

- 18.1 Three races are required to be completed to constitute a series.
- 18.2 When 3 races have been completed, a boat's series score will be the total of her race scores; and when 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

19. **SAFETY**

- 19.1 When flag 'Y' is displayed ashore, RRS 40 applies at all times while afloat. This changes Part 4 preamble.
- 19.2 When flag 'Y' is displayed from the Committee Boat all competitors shall wear a personal floatation device.
- 19.3 All boats must call the **RACE COMMITTEE** on VHF CH.77 stating the number of crew on board, before each race.
- 19.4 A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the race office or race officer as soon as possible after returning ashore
- 19.4 Nothing written in the Notice of Race or these Championship Sailing Instructions removes a boat's separate responsibility to the Harbour Commissioners to comply at all times with the Harbours bye-laws, see: <http://www.falmouthport.co.uk/pdf/bye-laws.pdf>

20. **REPLACEMENT OF CREW OR EQUIPMENT**

There is no restriction on the substitution of competitors or damaged/lost equipment, except that this should be notified to the race committee signal vessel before the warning signal of the first race in which they participate.

21. **EQUIPMENT AND MEASUREMENT CHECKS**

Boats and equipment may be inspected at any time during the championship for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

22. **SUPPLY BOATS** Not used.

23. OFFICIAL VESSELS

23.1 The race committee signal vessel is the white-hulled sloop Melkin.

23.2 Mark-layers will be marked with the letters SMSC on the hull.

24. SUPPORT TEAMS]

24.1 For the purpose of these sailing instructions a support person vessel {SPV} Includes any vessel that is under the control or direction of a support person defined in the RRS.

24.2 After the preparatory signal, except when asked to assist by the race committee, or to rescue a competitor who is ill, injured or in danger, SPVs shall remain more than 100 metres from the course area until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

25. TRASH DISPOSAL

Trash may be placed aboard official or supply vessels.

26. BERTHING

Boats requiring moorings should contact the St. Mawes Harbour office.

27. HAUL-OUT RESTRICTIONS

Boats shall not be hauled- out during the championship except with and according to the terms of prior written of the race committee.

Requests to haul-out shall be made at the first reasonable opportunity in writing on a form available from the race office.

28. DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the preparatory signal and the end of the championship.

29. PRIZES

Prizes will be awarded as stated in the NORs.

30. RISK STATEMENT

30.1 **Rule 3** of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"

30.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
- (b) They are responsible for the safety of themselves, their crew their boat and their other property whether afloat or ashore.
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- (f) The provision of a patrol boat cover is limited to such assistance particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety31.

31. **INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 pre incident or equivalent.

COURSES

PORT HAND

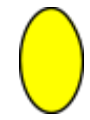
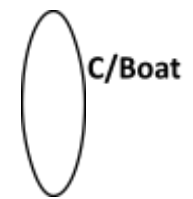
STARBOARD HAND



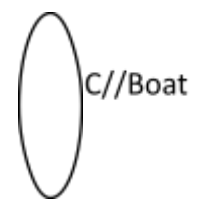
1a / 3a spreader marks



START



START



Start-1-2-3-3a-1-1a-3-3a-1-2-3-3a-Finish

Start-1-2-3-3a-1-1a-3-3a-1-2-3-3a-Finish

Appendix 2

| | | | |
|---|--------------------------------------|---|----------------------------|
| A | MYC / PENARROW | L | WEST NARROWS |
| B | BLACK ROCK BUOY | O | MYLOR CHANDLERY / WATERLOO |
| D | SUPER YACHT SERVICES LTD / PENDENNIS | R | NORTH BANK |
| E | TAKE A TURN YACHTING / SOTH NARROWS | T | PENROSE SAILS / TRFUSIS |
| F | CASTLE | U | ORANGE BUOYS |
| G | GOVERNOR | V | VILT |
| J | ST JUST | W | WATER TOWER / ANCASTA |
| K | SKB SAILS / CARRICKNATH | Q | MYH / SUNBEAM |

Course Marks 2026

