

2025

THE POPE'S
PRAYER
INTENTIONS



Pope's Worldwide
Prayer Network



THE POPE'S
PRAYER
INTENTIONS

FOR THE RIGHT TO AN EDUCATION

JANUARY 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR THE RIGHT TO AN EDUCATION

Let us pray for migrants, refugees and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected.

MONTHLY PRAYER

Good Father,
You want all of us to contribute
to building a better world,
creating bridges instead of walls.

Today, we especially pray
for migrants, refugees, and those affected by wars,
whose rights to education are often threatened,
that they may be respected and protected.

Following the example of the Heart of Your Son, Jesus,
help us to cultivate welcoming societies,
promoting and integrating those who have had to leave
their support networks out of necessity.

Give us Your Spirit of boldness,
so that our words and actions
responsibly strengthen the safety
of those we are called to embrace
because of their inherent dignity.

Amen.



ATTITUDES FOR DAILY LIFE

RESPECTING THE RIGHT TO EDUCATION

To ensure that the many exiles, displaced persons and refugees, who are forced to flee due to international conflicts, wars, violence, and discrimination, are guaranteed safety, access to work, and education, necessary tools for their integration into the new social context."

(Pope Francis)



THE POPE'S
PRAYER
INTENTIONS

FOR VOCATIONS TO THE PRIESTHOOD AND RELIGIOUS LIFE

2025
FEBRUARY



PRAYER INTENTION

FOR VOCATIONS TO THE PRIESTHOOD AND RELIGIOUS LIFE

Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

MONTHLY PRAYER

Good Father,
You keep calling young people
to serve Christ's mission
in priestly and religious life,
teach us to welcome their doubts and desires.

We ask You to grant us
greater openness and closeness to their questions,
with attentive and selfless listening,
so we can better accompany their discernment
with renewed freedom and enthusiasm.
As an ecclesial community,
may we cultivate a joyful, courageous,
authentic, and inspiring vocational ministry.

Focusing on Jesus and His kingdom,
and driven by the Holy Spirit,
may we create favorable conditions
for the 'gospel of vocation'
to ignite the hearts of those
open to Your call.

Amen.



ATTITUDES FOR DAILY LIFE

ACCOMPANYING DISCERNMENT

"It is necessary to accompany young people, to walk with them, to listen to them, to provoke them, to move them beyond the comforts in which they rest, to awaken desire, to interpret what they are experiencing, to lead them to Jesus, always fostering the freedom for them to respond to the Lord's call freely and responsibly."

(Pope Francis)

FEBRUARY



THE POPE'S
PRAYER
INTENTIONS

FOR FAMILIES IN CRISIS

MARCH
2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR FAMILIES IN CRISIS

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

MONTHLY PRAYER

Good Father,
You wanted Your Son to be born into a family,
a space of love and support
where the Savior "grew and became strong."
Today, we bring before You
all families torn by division and crisis,
asking that You open spaces for them to communicate
heart to heart,
learning the difficult art of reconciliation.

May the Heart of Your Son Jesus
reveal to them the good news hidden in the crisis,
helping them to fine-tune the ear of their hearts
and moving them to embrace forgiveness.

Breathe Your Spirit upon them
so that with the support of grace
and the accompaniment of family and friends,
they can give a new "yes" that makes it possible
for love to be reborn in them strengthened,
transfigured, matured, and illuminated.

Amen.



ATTITUDES FOR DAILY LIFE

FORGIVING

"When a family realizes that someone has done something wrong and knows how to ask for 'forgiveness', there is peace and joy in that family."

(Pope Francis)

MARCH 2025



VALUING
THE OTHER

ACCEPTING
DIFFERENCES

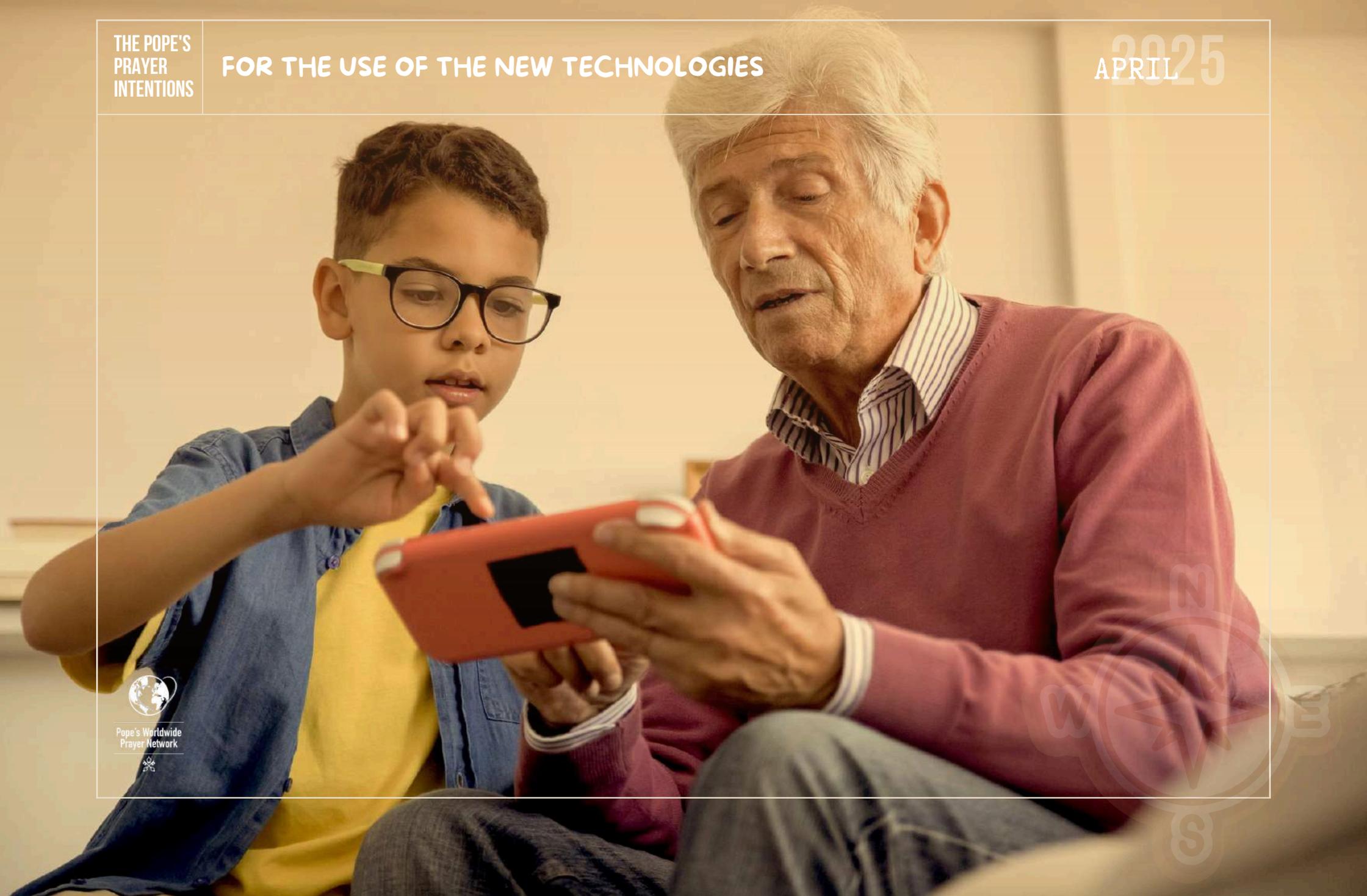
ACCOMPANYING

NOT JUDGING

THE POPE'S
PRAYER
INTENTIONS

FOR THE USE OF THE NEW TECHNOLOGIES

APRIL 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR THE USE OF THE NEW TECHNOLOGIES

Let us pray that the use of the new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times.

MONTHLY PRAYER

Lord, Good Father,
As I look at the world and see men and women working in it and beautifying it, a great "Thank You!" springs from my heart. The action of Your Spirit among us encourages us to grow in the progress of science and technology in the service of human dignity for integral and inclusive human development.

Because we know You desire the good of all, from the heart of Your Church, Your Son calls us to ensure that technology does not replace "person-to-person" contact, that the virtual does not replace the real, and that social networks do not replace social settings.

Help us develop the ability to live wisely, to think deeply, to love generously, without losing heart, promoting scientific and technological growth that increasingly aligns with human development in responsibility, values, and awareness.

Amen.

APRIL 2025



ATTITUDES FOR DAILY LIFE

USING WITH DISCERNMENT

"In the era of the internet, where space and time are supplanted by the 'here and now,' patience becomes strange... Patience has been relegated by haste, causing serious harm to people. In fact, intolerance, nervousness, and sometimes gratuitous violence take its place, leading to dissatisfaction and closure."

(Pope Francis)

USING RESPONSIBLY

PROMOTING A SUSTAINABLE LIFESTYLE

CULTIVATING A CRITICAL AWARENESS

NURTURING RELATIONSHIPS

THE POPE'S
PRAYER
INTENTIONS

FOR WORKING CONDITIONS

MAY 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR WORKING CONDITIONS

Let us pray that through work, each person might find fulfilment, families might be sustained in dignity, and that society might be humanized.

MONTHLY PRAYER

Jesus,
You knew work in this world,
and You understand its hardships and joys...
Hear our prayer today.
Working is a human trait...
Work is sacred...
The beauty of the earth and the dignity of work
were meant to be united...
The earth becomes beautiful when man works...
Lord, You see that we believe this with conviction,
but we desire even more for it to become a reality among us.
We are saddened when people can't find work
and lack the dignity of bringing bread to their home.
Give us the light of your Spirit,
open our hearts,
do not let indifference overcome us.
Help us recover the gift of universal brotherhood.
We ask for a heart as big as Jesus's
so we can embrace the call to work
to give dignity to people and families.

Amen.



ATTITUDES FOR DAILY LIFE

PROMOTING WORK THAT FOSTERS HUMANITY

The management of employment is a great human and social responsibility, which cannot be left in the hands of a few or be divinized by the 'market'... I am saddened when I see people without work... and do not have the dignity of bringing bread home... Work is sacred, work gives dignity to a family."

(Pope Francis)

TAKING CARE
OF WORKPLACE
JUSTICE

SHARING THE
LEARNINGS

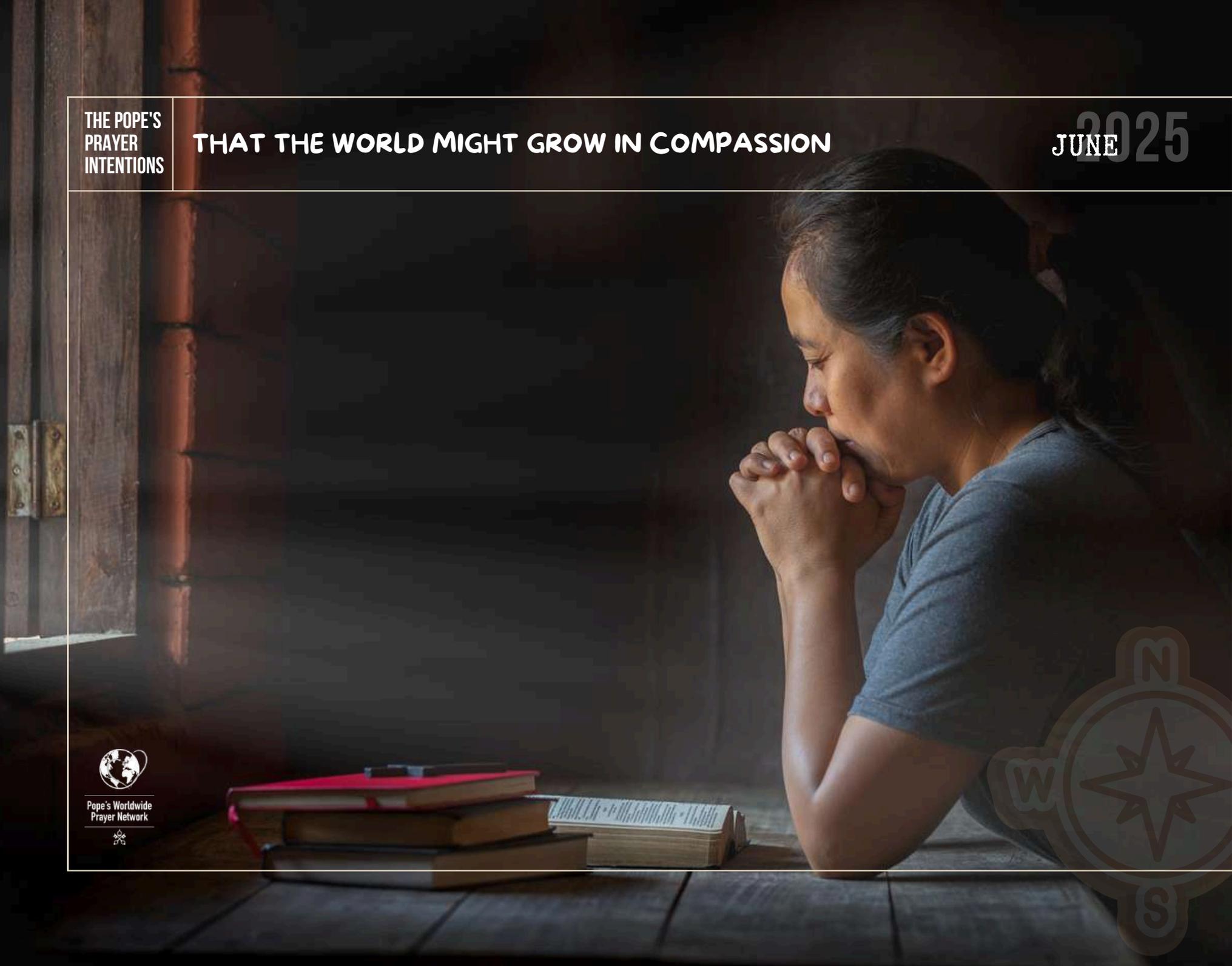
RECOGNIZING AND
CONTRIBUTING
MY TALENTS

FOSTERING
COLLABORATIVE
CONTEXTS

THE POPE'S
PRAYER
INTENTIONS

THAT THE WORLD MIGHT GROW IN COMPASSION

JUNE 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

THAT THE WORLD MIGHT GROW IN COMPASSION

Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

MONTHLY PRAYER

Lord,
I come to Your tender Heart today,
to You who have words that set my heart ablaze,
who pour out compassion on the little ones and the poor,
those who suffer, and on all human miseries.
I desire to know You more, to contemplate You in the Gospel,
to be with You and learn from You,
from the charity with which You allowed Yourself to be touched by
all forms of poverty.

You showed us the Father's love
by loving us without measure with Your divine and human Heart.
Grant all Your children the grace of encountering You,
to change, shape, and transform our plans,
so that we seek only You in every circumstance,
in prayer, in work, in encounters, and in the daily routine.
Be for us a source from which all consolation flows.

Amen.



ATTITUDES FOR DAILY LIFE

STRENGTHENING OUR RELATIONSHIP WITH JESUS

"It is also an invitation for us to give each other the wonder that arises in the heart when one encounters the Lord. Before meeting him, the two companions (from Emmaus) spoke of failures and disappointments; afterwards, they rejoice at having seen the Risen One!"

(Pope Francis)

JUNE 2025



CULTIVATING
COMPASSION

ABIDING
IN HIM

OPENING OUR
HEARTS TO HIM

PRAYING WITH
THE GOSPEL

THE POPE'S
PRAYER
INTENTIONS

FOR FORMATION IN DISCERNMENT

JULY 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR FORMATION IN DISCERNMENT

Let us pray that we might again learn how to discern, to know how to choose paths of life and reject everything that leads us away from Christ and the Gospel.

MONTHLY PRAYER

To learn to live, one must learn to love...
Sometimes we take the wrong path on the journey of love!
Because, to love, one must know how to discern...

Holy Spirit, light of our understanding,
serene impulse of our decisions,
grant me the grace of attentive listening to your voice,
to discern "the passwords" of my heart,
that which I am most sensitive to,
to understand what is truly important to me
and to rid myself of what disturbs my heart.

I ask for the grace to learn to pause
to become aware of my way of acting,
of the feelings that inhabit me and,
of the recurring thoughts that condition me,
and that I often do not notice.

I want to know myself and understand my deepest desires
so that my decisions lead me to the joy
that comes only from You.
Even if I have to go through uncertainties and hardships,
even if I have to fight, think, and seek...
In the end, your joy in me is the fruit of the right decision.
Grant me to know myself more to know You more,
to love You more and serve You.

Amen.



ATTITUDES FOR DAILY LIFE

LEARNING TO DISCERN

"To learn to live, you have to learn to love, and for this it is necessary to discern... Good discernment also requires self-knowledge... Often we do not know how to discern because we do not know ourselves well enough, and so we do not really know what we want."

(Pope Francis)

JULY 2025



THE POPE'S
PRAYER
INTENTIONS

FOR MUTUAL COEXISTENCE

AUGUST 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR MUTUAL COEXISTENCE

Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethnic, political, religious or ideological reasons.

MONTHLY PRAYER

Jesus Christ, Lord of time and space,
faithful friend, companion on our journey,
cornerstone, beginning and end of our lives...
We are your friends in need of your tenderness;
we have lost the security, peace, and brotherly harmony among us.
We suffer from believing we are
in the world as only children.

We have become prisoners
of the walls we have built.
Once again we ask you, "send your Spirit,"
to renew in us the "sense of togetherness,"
the spark that can ignite once more
the light to halt the night of conflicts.
Give us courage, so that to the logic of conflict
we may oppose the sign of fraternity.

Father, peace needs fraternity
and fraternity needs encounter.
Therefore, we ask you today for the grace to build
bridges in a world that builds walls,
to go beyond the limits of bonds
that recognize only what is similar;
opening ourselves to a world of brothers
equal in dignity, walking a common path.

Amen.



ATTITUDES FOR DAILY LIFE

PROMOTING PEACEFUL COEXISTENCE

"Do not lose heart in striving to build unity... and, despite obstacles, differences, and different approaches to achieving peaceful coexistence, persist in the struggle to foster a culture of encounter, which demands placing at the center... the human person, their highest dignity, and respect for the common good."

(Pope Francis)



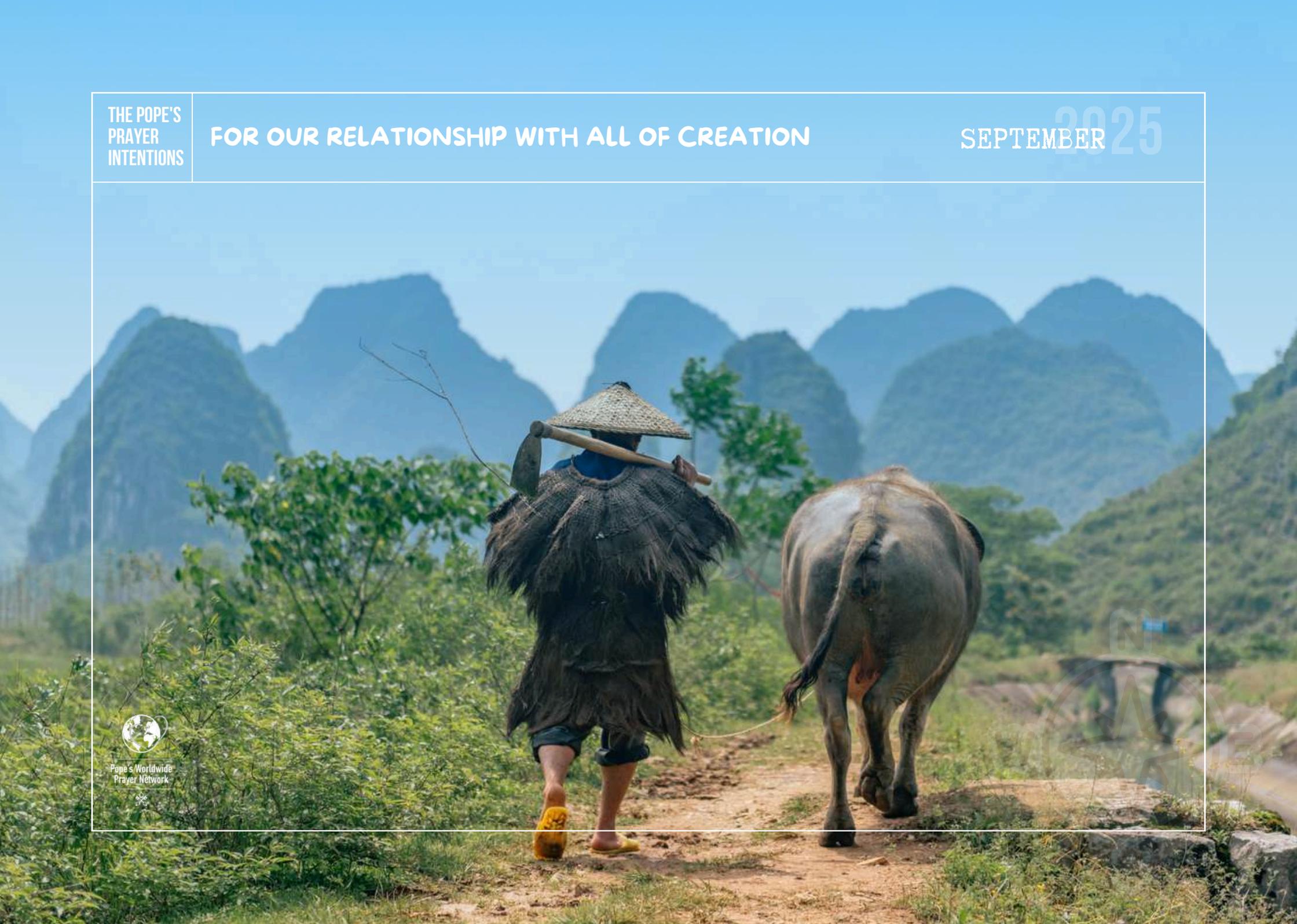
THE POPE'S
PRAYER
INTENTIONS

FOR OUR RELATIONSHIP WITH ALL OF CREATION

SEPTEMBER 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR OUR RELATIONSHIP WITH ALL OF CREATION.

Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

MONTHLY PRAYER

Lord, who loves all beings and hates nothing you have made (Wisdom 11:24). Every creature, Father, is an object of your tenderness, and you give each one a place in the world. I am amazed to see that the fleeting life of the smallest being is the object of your love, and even in those few seconds of existence you surround it with all your care.

"Praised be you, my Lord," as Saint Francis said, and I say to you today, "Praised be you." Through the greatness and beauty of creatures, we know the author by analogy (Wisdom 13:5). That's why, Lord, I deeply believe that the world is more than a problem to solve; it is a joyful mystery we contemplate with joyful praise. Give us the grace to recognize ourselves as beloved beings, each of us cherished by You, conceived in Your heart, a fruit of Your thought.

"Praised be you, Lord," who reveals yourself when the sun shines and when the night falls, you are present in the diversity of all creation. When we become aware of your reflection in everything that exists, my heart feels the desire to worship you, for all your creatures... Praised be you, Lord!

Amen.

SEPTEMBER

2025



LEARNING TO SEE
GOD IN ALL THINGS

PERCEIVING OUR
INTERCONNECTEDNESS

CULTIVATING
LOVE AND
RESPECT

RECOGNIZING
LIFE IN ALL
ITS FORMS



ATTITUDES FOR DAILY LIFE

OPENING TO CREATION

"An increasing number of people, including many young people and adolescents, recognize that the care of creation is an essential expression of their faith in God and their obedience to his will."

(Pope Francis)

THE POPE'S
PRAYER
INTENTIONS

FOR COLLABORATION BETWEEN DIFFERENT RELIGIOUS TRADITIONS

OCTOBER 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

OCTOBER



FOR COLLABORATION BETWEEN DIFFERENT RELIGIOUS TRADITIONS

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice and human fraternity.

MONTHLY PRAYER

"That all may be one" (John 17:21)
Lord, how difficult your word is for me today!
It is a call to fraternity and therefore
a call to openness to your Father
who is the Father of all.

Lord, give us the understanding in our hearts
that only with the awareness of being children
who are not orphans
can we live in peace with one another.

You are one God, living and active in the world...
But how hard it is for us to find agreement
among those of different religions!
We need your grace to recognize and value
the many things we have in common
and to realize that it is possible to find
a way of living together in serenity, order, and peace.

You are the starting point,
the gaze of God, your gaze,
because you look with the heart
and love each person
regardless of their religion.

We bring before you our desire
to work together for the common good,
to accompany life, sustain hope,
and be signs of unity.
Lord, make us artisans of peace!

Amen.



ATTITUDES FOR DAILY LIFE

COLLABORATING FOR THE COMMON GOOD

"Together we can praise the Creator for giving us the garden of the world to till and keep as a common good, and we can achieve shared plans to overcome poverty and to ensure to every man and woman the conditions for a dignified life."
(Pope Francis)



THE POPE'S
PRAYER
INTENTIONS

FOR THE PREVENTION OF SUICIDE

NOVEMBER 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR THE PREVENTION OF SUICIDE

Let us pray that those who are struggling with suicidal thoughts might find the support, care and love they need in their community, and be open to the beauty of life.

MONTHLY PRAYER

Lord Jesus,
who invites those who are weary and burdened
to come and rest in your Heart:
Today we come to ask for those who
struggle with suicidal thoughts.

May they find in our communities
places of welcome, listening, and understanding.
May we know how to be close to them,
offering support, care, and love,
helping them rediscover the beauty of life
and a reliable hope that helps them
face pain and even death
with a confident outlook on their future.

May we be able to give them
the necessary psychological and spiritual support
to heal their emotional and spiritual wounds
and to open up to the beauty of life,
recognizing it as a precious gift from God,
thus renewing their hope and finding meaning
even in the midst of suffering.

Help us to take the hand of the men and women of today
when they have lost their sense of dignity and destiny,
so they can discover the loving fatherhood of God,
His good plan for them, and ways to build
a more humane world.

Amen.

NOVEMBER

2025



ATTITUDES FOR DAILY LIFE

REACHING OUT TO THOSE WHO ARE SUFFERING

“Without a reliable hope that helps him face pain and death, man cannot live well and maintain a confident outlook on his future. This is one of the services that the Church is called to offer to contemporary man.”

(Pope Francis)



THE POPE'S
PRAYER
INTENTIONS

FOR CHRISTIANS IN AREAS OF CONFLICT

DECEMBER 2025



Pope's Worldwide
Prayer Network



PRAYER INTENTION

FOR CHRISTIANS IN AREAS OF CONFLICT

Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation and hope.

MONTHLY PRAYER

Oh God,
who through the precious blood of your Son
reconciled the world to yourself:
today we pray for Christians who live
in contexts of war or conflict.
May they be seeds of reconciliation,
showing mercy and seeking justice,
building bridges between divided communities
and always forgiving, as they have been forgiven by you.
May their presence and testimony
contribute to reconciliation,
to heal wounds and inspire others
to build and follow a path towards peace.

Lord Jesus, who called peacemakers blessed,
help us to become active instruments of peace in our communities,
even when surrounded by violence and division.

Holy Spirit, guarantor of true hope:
help Christians to be beacons of hope,
keeping an unwavering faith
and working tirelessly for a more just and peaceful world,
trusting that a future of peace is possible with the Lord's help.

Amen.



ATTITUDES FOR DAILY LIFE

WORKING FOR PEACE

“Dear Christian brothers and sisters of the Middle East... In the region, you are called to be builders of peace, reconciliation and development, to promote dialogue, build bridges, according to the spirit of the Beatitudes (cf. Mt 5:3-12), to proclaim the gospel of peace.”

(Pope Francis)

DECEMBER

2025



STANDING IN
SOLIDARITY WITH
THOSE SUFFERING
FROM WAR

KEEPING
HOPE ALIVE

PROMOTING
RECONCILIATION

VALUING
SMALL
GESTURES



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THE POPE VIDEO

Pope's Worldwide Prayer Network



The Way
of the Heart



CLICKTOPRAY