



# SAFEGUARDING

## STAYING SAFE

**If you need help or support, there is always someone to talk to.**

Call our Safeguarding Team on **01934 411 464** or visit the **Welfare Team** at your campus during college hours. If you need support or need to talk to someone out of college opening hours, then you may find one or more of the following services helpful:

### Mental Health

#### MIND

Call 0800 138 1692

Open 24 hours a day, 7 days a week

#### Samaritans

Call 116123

Open 24 hours a day, 7 days a week

#### Shout

Text 'SHOUT' to 85258

Open 24 hours a day, 7 days a week

### Physical Health

#### NHS

Call 111

### Sexual Health

#### North Somerset Yuno

Call 01934 881 234

Visit: Grange Road, Uphill, Weston-Super-Mare, BS23 4TQ

Open times vary

### LGBTQ+ support

#### LGBT Foundation

Call 03454 30 30 30

Open Monday to Friday 9am - 6pm

#### North Somerset LGBTQ+ Forum

Whatsapp 07851 343528

Visit: 67 Meadow Street, Weston-Super-Mare, BS23 1QL

Open Monday, Wednesday, Friday: 12pm-5pm, Sunday: 12pm - 4pm

### Drugs/Alcohol support

#### We Are With You

Call 01934 427940

Visit: 35 Boulevard, Weston-Super-Mare, BS23 1PE

Open Monday, Tuesday, Thursday, Friday 9am-5pm, Wednesdays 9am - 7.30pm

### Hunger

#### Help through Hardship

Call 0808 208 2138

Open Monday to Friday 9am - 5pm

#### Weston-Super-Mare Foodbank

01934 708906

Opening times vary

### Homelessness

#### North Somerset Council Homeless Prevention Team

Call 01934 426 330

#### North Somerset Council Emergency duty team

Call 01454 615 165

### Domestic Abuse and Sexual Violence

#### NextLink

Call 0800 4700 280

Open Monday to Friday 8.30am - 5pm, Saturday 9.30am - 1pm

#### Refuge

0808 2000 247

Open 24 hours a day, 7 days a week

### Crime and Safety

#### Police Emergency

Call 999

#### Police non-emergency and advice

Call 101

#### North Somerset Children's Social Care

Call 01275 888 808

Open Monday - Friday 9am - 6pm

#### North Somerset Emergency Duty Team

Call 01454 615 165

Open out of hours

# SAFEGUARDING

## STAYING SAFE

**You have the right to be and feel safe from all forms of abuse.**



### **CHILD ON CHILD SEXUAL HARASSMENT AND ABUSE**

No one should touch you in a manner that makes you feel uncomfortable or upset. No one should make suggestive, sexual remarks to you, either in-person or online. Anyone under 18 is legally a child.



### **PHYSICAL ABUSE**

No one should touch you in any way that physically hurts. This could include hitting, pushing, slapping, kicking or holding you back.



### **DOMESTIC ABUSE**

No one should harm threaten or control you. This includes family, other people you live with or partner/ex-partner.



### **HONOUR-BASED ABUSE**

No one should force you to marry against your wishes or to become a victim of Female Genital Mutliation (FGM).



### **CHILD SEXUAL EXPLOITATION**

Anyone under the age of 18 is a child in law. No one should persuade, manipulate, deceive or force you into sexual activity in exchange for things that you might want or need (gifts, drugs, money, status, belonging or affection).



### **BULLYING**

No one should make you feel scared. They should not either intentionally or indirectly harm, intimidate or coerce you either in person or online (social media, messaging or email).



### **DISCRIMINATION**

No one should be treated badly because of difference in age, disability, gender, ethnicity, sexual orientation or religion. Difference should be respected.



### **RADICALISATION**

No one should try to persuade or recruit you to adopt increasingly extreme political, religious or other ideologies to support or engage in violent extremism or terrorism.



### **NEGLECT**

Whoever looks after you should not neglect you. You should know that you are cared for.



### **MODERN DAY SLAVERY**

Are you or is someone you know being exploited - "owned" - by another person or group.



### **CHILD CRIMINAL EXPLOITATION E.G. COUNTY LINES**

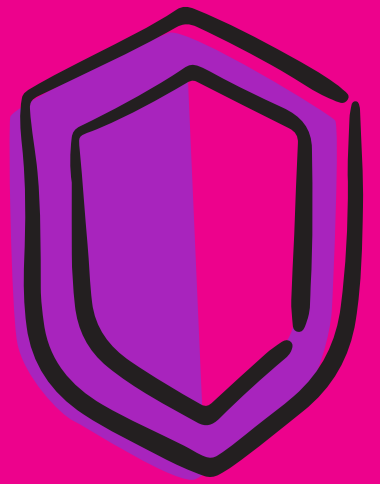
Are you or is someone you know carrying drugs or delivering packages? Are you or is someone you know being threatened to carry out criminal activity.

## **WE CAN HELP**

Speak to your tutor, the Welfare Team or the Safeguarding team if you are worried about yourself or someone else.

You can visit the Welfare Team at your campus.

You can call the Safeguarding Team on **01934 411 464** or email **[safeguarding@weston.ac.uk](mailto:safeguarding@weston.ac.uk)**



# SAFEGUARDING & PREVENT

We all have the right  
to feel safe at college

## LET'S TALK



Speak to the Safeguarding team if you are concerned about someone at college.

You can visit the Welfare Team at your campus who will contact the Safeguarding team during college hours.

You can call the Safeguarding team on **01934 411 464** or email **[safeguarding@weston.ac.uk](mailto:safeguarding@weston.ac.uk)**. You can report a concern by scanning the QR code.



**SCAN THE QR  
CODE TO FIND  
OUT MORE**